

WOUND EDUCATION

CLINICAL TRAINING MADE EASY[©]

SESSION ONE

Module 3. Principles of Wound Care

Duration: 11 minutes

Principles of Wound Management

- Identify the cause & duration of the wound
- Holistic health assessment. Co-morbidities impacting. Including potential risk factors.
- Wound assessment and wound bed preparation
- Adjust care regime as the wound responds
- Treatment goal. Short term – Long Term.

Healable or Palliative

Cause of Wounding

- Pathologic aetiology
 - What is the underlying factor for wounding
 - Documentation and coding
 - Legal diagnosis: elder abuse etc.
 - Contributing factors

Holistic health assessment

- History gathering
- Disease management
- Health care team involved. Standard of care (SoC)
- Comprehensive assessment of patient related risks

Wound Assessment

- Wound type
- Size – stage – category - depth
- Anatomical location
- Tissue
- Infection
- Moisture
- Edge
- Pain
- Healable
- Treatment options
- Social impact

Reassessment & Management Plan

- Frequency of assessment
- Best practice guidelines
- Assessment tools
- Documentation
- Collaboration
- Continuity
- Validity & evaluation
- Escalation
- Access to advanced treatments
- Cost effective practice

Treatment Goals

- SMART Goals
 - Specific
 - Measurable
 - Achievable
 - Relevant
 - Timeframe

The upper arm 2a skin tear will have a secure realignment
of the skin flap in 7 days

Can you state a SMART Goal?

Key Points

- Consistently following the principles of wound management increases wound management success
- Implementing individual principles may delay healing outcomes.
- Considering all principles can permit assessment of time to heal