

WOUND EDUCATION

CLINICAL TRAINING MADE EASY[©]

SESSION 2

MODULE 2

MEASUREMENT

How to Measure

- Linear: greatest length x greatest width
 - = Total Surface Area
- O'Clock method
- Wound tracing
- Tunneling
- Undermining
- Depth
- Image software
- Laser technologies



<https://www.youtube.com/watch?v=ZWMaR-jheGY>

Describe how to measure an undermined wound?

- Soft tip probe and gently palpate under the undermine area.
- With a waterproof marker track the outline of the wound edges
- The wound should be measured from the undermine wound edge,
- Greatest width and length. The wound opening should be measured,
- Greatest width and length.

Measurement Considerations

- Accuracy
- Reliability
- Consistently
- Healing rate prediction
- Frequency of measurement
- O'Clock & feet
- When not to measure?



Key Points

- Measurement reliability which is consistently completed
- Repeated positioning of the patient to gain accurate result
- Healing over time can predict rate of progress
- Not all wounds should be measured